

Unless otherwise indicated in this form, self-directed activities can be claimed for a max of 30 hours.

Certification Course

Nationally or internationally recognized courses that certify a person in a specified area of knowledge and/or skill set. Examples of certification courses include TDG and WHMIS.

Meetings (Committee/Working Group/Council), Roundtable Discussion or Study Group

Members may claim up to 15 hours per CC cycle for this activity.

Meeting attendance for committees, working groups or Council members related to the paramedic profession. Organized academic discussions where participants meet to discuss and debate a specific topic. Examples of round table discussions include telehealth education rounds, study groups and case studies. *Members should use the Record of Attendance form provided in the member portal as supporting documentation.*

Community Enhancement

Members may claim up to 15 hours per CC cycle for this activity.

Participation or organization of events that contribute to the advocacy or enhancement of the profession, or assurance of public safety outside of regular responsibilities and expectations of employment. Examples of community enhancement include public health and safety awareness presentations, career fairs, and volunteering as medical standby for public events. *Members should use the Record of Attendance form provided in the member portal as supporting documentation.*

Conference/Seminar/Workshop/Webinar

An organized gathering of many people where discussion of topics and important issues take place.

Didactic Course

An instructional course using didactic teaching. Didactic method follows a consistent scientific approach or educational style to present information to students. Examples of didactic courses include online courses or MOOC's and lectures.

Practical Course

An instructional course that uses hands-on methods to present information to students. Examples of practical courses include simulations, practical scenarios or labs.

Mentorship of New Employee

Members may claim up to 15 hours per CC cycle for this activity.

Members should use the Record of Mentorship form provided in the member portal as supporting documentation.

Research, Development and Curriculum

Research, development and curriculum activities that attribute to the advancement or enhancement of health/ medical science. Examples of research, development and curriculum include Collaboration with a team to plan, conduct and evaluate research, Contribution of a peer reviewed journal article, Development of improved practices and procedures in paramedicine founded on evidence-based research and Create well-designed curricula and well planned courses that help shape the profession, advance professional practice; not only to enrich the learner but to also enhance the knowledge and skills of the educator.

Members will use the 'Record of Research/ Development/ Curriculum' as their proof of completion documentation.

Study/Review

Members may claim up to 15 hours per CC cycle for this activity.

Reviewing and/or researching a particular topic to refresh current knowledge, explore new trends or enhance knowledge. Study/Review Summary Guidelines provided in the CC Program Details. *Members are required to complete the Study/Review Summary form found in the member portal.*

Workplace Training

Training activities developed and provided by employers to employees. Examples of workplace training include protocol training, and tailored training exercises specific to employer policies and procedures.

Other

Relevant training to your practice which is not currently approved for Continuing Education (CE) credits.